



Beal High School Newsletter—KS3

Dear KS3 Parent/Carer,

It has been wonderful welcoming the new Year 7 students to Beal High School – they have been really enthusiastic and positive—and year 8 and 9 have settled back in, being role models to our newest students. It has been a calm and purposeful start to the academic year and the students' conduct has been excellent.

The aim of this KS3 newsletter is to keep you up-to-date with 'KS3 life at Beal' and to celebrate the achievements of our students. Please do not hesitate to send us any good news or special achievements that your child has achieved outside of school, and we will make sure we include this in future newsletters.

Thank you to all parents who came on Tuesday 30th September for our Year 7 Partnership Evening. We hope you found the session valuable. Key upcoming dates next half-term include Tuesday 5th December, when progress reports will be sent home, and see the final page for details of our Winter Showcase on Tuesday 16th December at 5pm— remember to save the date!

Form time and assemblies

Please make sure your children are always in school by 8:30 am. Registration and assemblies are crucial times of the day, as we will be disseminating advice around progression post 16, revisions and managing exam stress. This will be in addition to our PSHE programme follow-up and our whole school assembly programme, covering our students' Spiritual, Moral, Social and Cultural development. This year, assemblies will take place every Tuesday for Year 7, Wednesday for Year 9 and Thursday for Year 8 all in the KS3 hall.

Communication

I want to highlight the important role parental involvement plays in our shared mission of ensuring every child receives their entitlement to an excellent education. Parents and carers are key partners in a child's development and parental trust in our school is crucial.

The only way schools can be effective is through open and honest communication. Please do ensure you keep in contact with the school, via your child's Form Tutor in the first instance or your child's Head of Year. Should you have any concerns related to a specific subject, please contact your child's subject teacher or the Head of Department. The best way to do so is to email the admin mailbox adminmailbox@bealhighschool.co.uk

Just a reminder—school is closed this Friday 24th October and we re-open at the usual time on Monday 3rd November.

Thank you for your continued support. We wish you and your family a restful half-term.

Best wishes

Mr E MacLeod

Vice Principal & Head of Lower School

Ms E Williams

Head of Year 7

Mr J Singh

Assistant Principal KS3

Mr M Rigby

Head of Year 8

Mrs J Okosun

Assistant Principal KS3

Mr S Goss

Head of Year 9



'Be Internet Citizens': empowering young minds at Beal

On Friday 10th October 2025, Beal High School proudly hosted an exciting event that brought together students, teachers and digital experts for a morning of inspiration and learning. 'The 'Be Internet Citizens' workshop, delivered in partnership with ParentZone, YouTube, and our local MP Wes Streeting, aimed to equip secondary school students with the tools to navigate the digital world safely and responsibly, tackling the spread of misinformation and disinformation online. 60 students from years 9, 10 and 11 gathered in the new Maths school block to take part in interactive sessions focused on spotting misinformation, understanding online influence, and building positive digital communities. The energy in the 'Hawkins' room was electric as students engaged with trainers, asked insightful questions, and collaborated on activities designed to sharpen their critical thinking and media literacy. Local MP Wes Streeting then spoke to the students about how misinformation online can be a threat to our local and national democracy, and the importance of checking sources and establishing objective truth. Next up for the students involved is to lead a series of whole school assemblies to raise awareness of safety online so all students at the school benefit from the visit. Well done to all of the year 9, 10 and 11 students involved and thanks to staff too for supporting the event.



'Last Friday, I was fortunate enough to attend the Internet citizen workshop, in collaboration with YouTube. They taught the difference between Misinformation (when something is shared by mistake) and Disinformation (something shared on purpose to harm others), as well as some of the dangers of AI and how it could trick people into believing wrong things. We were also told to always hit pause, think and research when we are unsure about information being given on social media and the news. The local MP also came along to tell us about his experience with misinformation and disinformation, proving that even experienced politicians make the same mistakes as us. It was a lot of fun, and we enjoyed working together. Overall, I had a great time'. Judi I (10FT)

'The event was very interesting, and the people running it were very friendly and entertaining. I learnt some new information, and definitions of words which I didn't know before, and the activities were quite fun. I really liked it'. Laila J 10AA

'The 'Be Internet Citizens' workshop was very engaging and informative as it allowed us to actively participate in discussions and share our opinion on what's on the internet and whether it's misleading or not. We particularly focused on misinformation and disinformation and the intent of people spreading fake news and AI - generated videos on the internet. I found this workshop very useful as it broadened my understanding that what we see on the internet isn't always true and that we should always check it on legitimate sources.' Jasleen S 11SF





Beal Student Forum Visits the Heart of British Democracy

📅 On Monday 20th October, students from Year 7 to Year 13 in the Beal Student Forum embarked on an inspiring visit to the Houses of Parliament in Westminster — the historic centre of UK democracy and legislation.

🏛️ The day began with a guided tour through Westminster Hall, the oldest part of the Parliamentary estate, followed by visits to both the House of Commons and the House of Lords. Students had the rare opportunity to witness live debates on women's health and post-16 education outcomes for disadvantaged students, led by the current Secretary of State for Education, Bridget Phillipson.

📄 After the tour, students participated in an interactive workshop where they learned how to start their own petition — a powerful tool for civic engagement. The afternoon concluded with a memorable meeting with local MP Wes Streeting, who shared insights into life as a politician and encouraged students to "dream big and never let anyone tell you what you can't achieve."

🌟 Highlights of the visit included:

- Seeing the iconic solid gold chair in the House of Lords- where only the King may sit
- Learning about "parliamentary ping-pong" — the back-and-forth process of scrutinising and amending legislation between both Houses
- Standing in the same spot where Nelson Mandela, Barack Obama, and Volodymyr Zelenskyy delivered historic speeches
- Discovering the statue damaged during a suffragette protest, where a campaigner chained herself for six hours

Reflecting on the significance of the 1000-year-old Westminster Hall, where Queen Elizabeth II lay in state

💬 Student reflections:

- Amira shared, "My favourite part was hearing from our local MP. His words really stuck with me about dreaming big and never letting anyone putting a limit on what you can achieve with hard work and resilience."
- Harkirat called it a "brilliant day out" and urged other students to visit if they get the chance.
- Kirsty said the experience made her consider a future career in Westminster.

👑 The visit was not only educational but deeply inspiring, offering students a firsthand look at how democracy works and how their voices can shape the future.







Honour Roll

The honour roll is a Year 7 exclusive award for students who show positive behaviour and engagement at school. All students can be nominated by any member of staff both within and outside of lessons.

WC: 3rd September: Tia D 7HMD

WC: 8th September: Shaambavi S 7HN

WC 15th September: Ikraam C 7TWA

WC 22nd September: Aarav S 7KQ

WC 29th September: Zariah C 7MWA

WC 6th October: Rayyan T 7HMD

WC 13th October: Kavish K 7KQ

Achievement points

Our newest cohort have been working hard within lessons, showing positive behaviour, learning and progress. Students have been awarded with achievement points. The league table thus far shows the following as the top 5 forms.

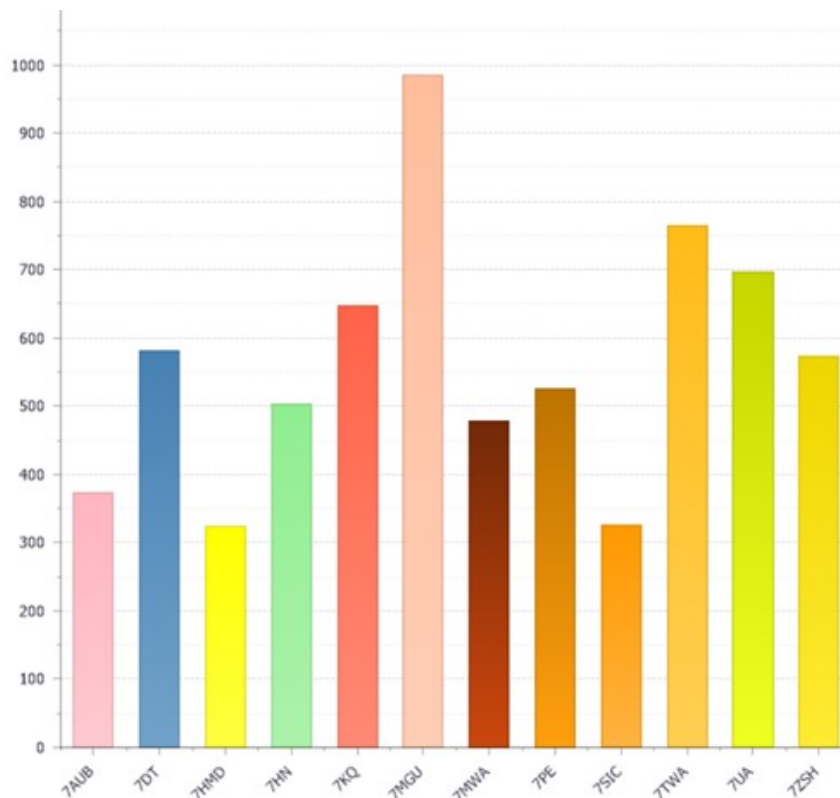
1: **7MGU** with 985 points

2: **7TWA** with 764 points

3: **7UA** with 696 points

4: **7KQ** with 647 points

5: **7DT** with 580 points





Our top 3 achievers this half term are as follows.

- 1: **Khadija H7MGU** with 44 points
- 2: **Amey A7MGU** with 43 points
- 3: **Joshua J 7UA** with 42 points

Interform

Each half term, our Year 7s will engage in an Interform activity, an opportunity to represent the form and create some healthy competition between the form groups. This half term, our students took place in the 'Year 7 Spelling Bee', with each form nominating two students.

Round 1: All the forms performance extremely well. The following 8 forms progressed to the Semi Finals. **HMD, KQ, DT, AUB, PE, MGU, HN, SIC.**

Semi Finals: The 8 forms effort and engagement were fantastic. The following 4 forms progressed to the finals. **HMD, AUB, MGU and PE.**

Who will be crowned the winning form for our First Interform competition??

Finals: The 4 forms were spectacular in their fierce competition to win the spelling bee for their form. There could only be one winner.

The winners of the first interform competition is 7PE!

Year 8 News



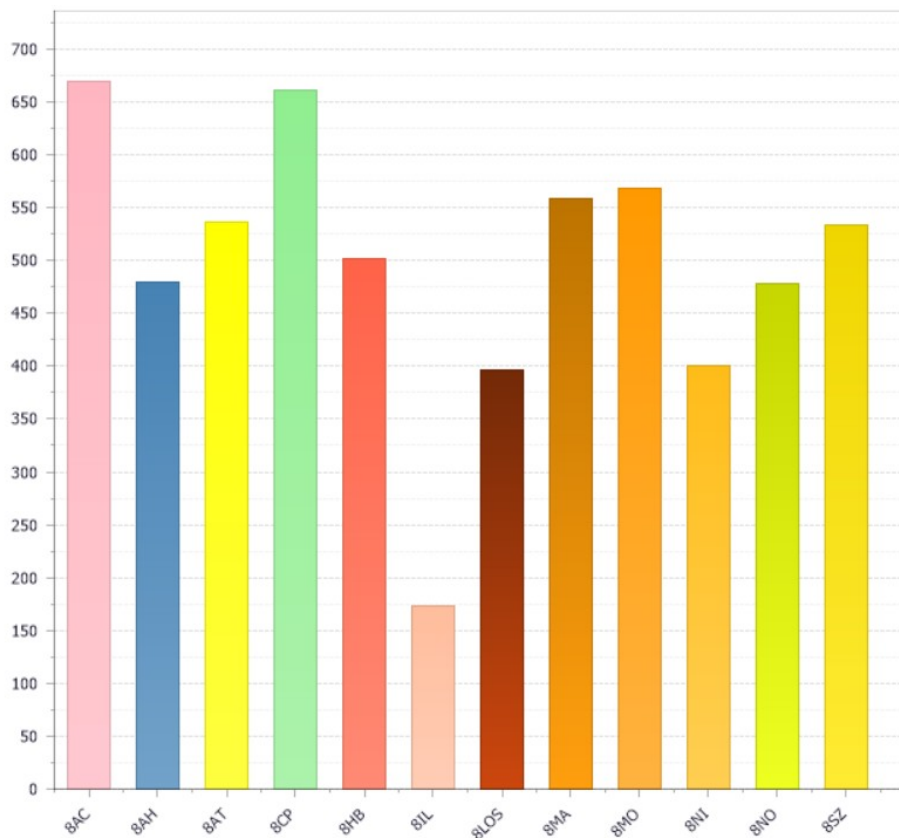
Macmillan Bake Sale

On Tuesday 30th September, the Year 10 Prefects and Year 8 Charity Reps joined forces and worked very hard to sell a wide range of shop bought and homemade sweet treats to raise money for Macmillan Cancer Support, as part of the nationwide Macmillan Coffee morning. Students used their persuasive skills well, selling to students across the school and many members of staff. Congratulation to the students for raising £398.52!





Year 8 have settled well into the Autumn Term, already accruing large amounts of achievement points:



Our top performing forms so far are: 8AC with 648, 8CP with 561 and 8AT with 473.

Achievement Points Leaderboard

Thea T	8MO	48
Fatima N	8MA	50
Rayan H	8CP	52

Online Safety Talk

Year 8 gathered in our newly refurbished KS4 hall to hear an important and challenging talk on e-safety delivered by our regular speakers 'The Two Johns'. Both qualified police trainers, the Two Johns delivered an engaging and important message, part of our commitment to help young people to stay safe online.



eSafetyTraining
'The 2 Johns'

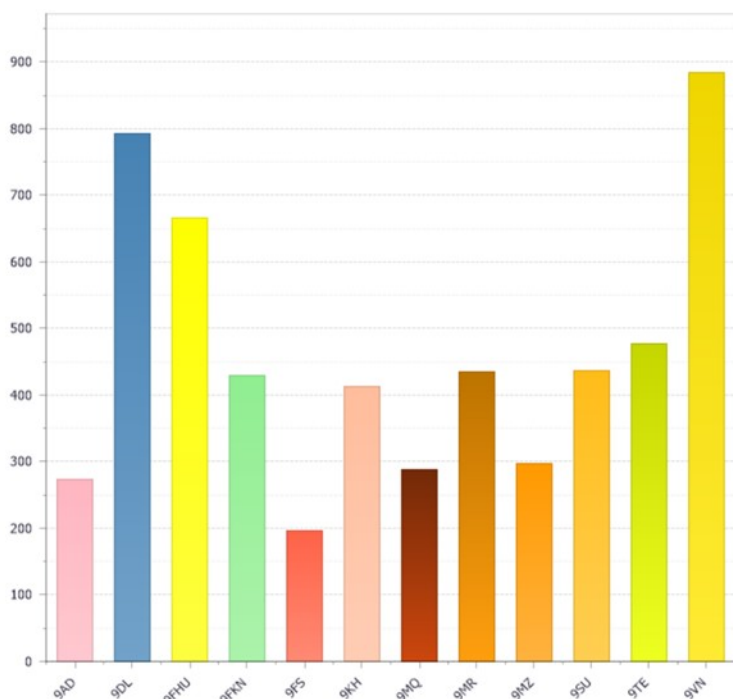




Year 9 News

Year Nine students have made a strong start to their options year, with many students expressing an early interest in some subjects and already planning what they will be studying, as well as some strong extra curricular performances, including the Year 9 football team.

9VN have taken a significant lead by nearly 100 achievement points, having trailed the early part of the year to 9DL, and are closing in on 1000 achievement points! 9FHU has been catching up to 9SU, with a number of other forms also making a late surge (9AD and 9MR).



Achievement Points Leaderboard

Mursal H	9VN	42
Rossana K	9DL	41
Mikayla C	9VN	39

Charity News

We are pleased to confirm that the charity ambassadors for Year 9 are Joann J 9SU, Abdul MG 9SU, Nadeefa H 9DL, Aayush P 9MQ





Year 9 Sporting News

One of our students (Maha T) will be competing in the Denmark Open Badminton Championships this year – good luck to her!

The boys football team have so far beaten TFA, had a close draw with Trinity and recently won against Oaks Park. The score was 5-0.

Student Leadership Team

We are delighted to announce the new student leadership team for 2025-26 are:

Head girl – Sharan S 9TE

Head boy – Zackariya H 9TE

Deputy Head girl – Serena S 9TE

Deputy Head boy – Sulaiman D 9KH

Prefects—Taran K 9SU, Faiz H 9SU, Mikayla C 9VN, Elizabeth V 9FKN

Student Forum

Well done to all KS3 students elected to the Beal Student Forum for 2025-26; this important body meet half-termly to share ideas and improve our community, whilst learning about democracy and leadership.



Beal Student Forum 2025-26



If you have an idea or issue you wish to raise with the forum please email: Bealstudentforum@bealhighschool.co.uk OR speak with your year group's representatives

Arham 7MGU	Umaira 7SZH	Emilis 7TWA	Luqmaan 8MA	Aishvetha 8AT	Mohsin 8HB	Jenna 9DL	Anish 9KH	Harkirat 9SU	Amira 10KZ	Hasan 10PJ
Rayyan 10KZ	Freya 11YF	Faris 11OA	Jasleen 11SF	Habiba 12TMU	Rehan 12BM	Delina 12TMU	Zara-May 13SCA	Suleman 13MH	Kirsty 13IM	

Meetings take place on Wednesdays once per half-term: 15th October, 26th November, 28th January, 25th March, 6th May, 1st July in the BMAT conference room





CREATIVE COLLABORATION AT
BEAL HIGH SCHOOL



THIS WILL BE A CREATIVE COLLABORATION BETWEEN MUSIC, DRAMA, DT AND ART
DEPARTMENTS SHOWCASING A RANGE OF CREATIVE PERFORMANCES

WINTER SHOWCASE

16TH DEC

BEAL HIGH SCHOOL
KS4 HALL
WOODFORD BRIDGE AVENUE

5PM TO 6PM

WWW.BEALHIGHSCHOOL.CO.UK/

