

WEEK 1 & 2: BREAK MENU

WEEK 1 & 2	MAIN DISHES	MAIN DISHES: VEGETARIAN OPTION	SERVED DAILY
MONDAY	Hot Dogs & Onions £1.50 Popcorn Pizza £1.50 (G,MK,E)	Spicy Vegetable Samosa (G) £1.50	CHOCOLATE CROISANTS (G,MK,E,P) £1.50 YOGHURT & GRANOLA POTS (G,MK) £1.50
TUESDAY	Spicy Chicken, Cheese & Jalapeno Baguette (G,MK,E) £3.00	Toasted Bagel (G,MK) 80p	
WEDNESDAY	Ciabatta Chicken Slice Chicken Sub (G,MK,E) £1.50	Veggie Pepper Ciabatta Slice (G,MK,E) £1.50	
THURSDAY	Crispy Chicken Wraps with Salad & Dips (G,MK,E) £3.00	Vegan Sausage Roll (MK,G,SO) £1.50	
FRIDAY	Hot BBQ Chicken Panini Tuna Melt Panini (G,E,MK,F) £3.00	Cheese & Red Onion Panini (G,MK,E) £3.00	

ALLERGENS

CE = Celery
CU = Crustacean
E = Eggs
F = Fish

G = Gluten
L = Lupin
MK = Milk
MO = Mollusc

MU = Mustard
N = Nuts
P = Peanuts
SE = Sesame

SO = Soya
SU = Sulphites



WEEK 1: LUNCH MENU

	MAIN DISHES	MAIN DISHES: VEGETARIAN OPTION	SERVED DAILY
MONDAY	Sausage & Mash, Onion Gravy (G,MK,E)	Veggie Sausage & Mash, Onion Gravy (G,SO)	JACKET POTATO: (F,E,MK,MU) Pot: £2.50/Plate: £3.00 PASTA KING: (E,MK,G) £2.50 or £2.80 w/cheese DESSERT: Cakes 80p (E,MK,G) Fruit Pots £1.50
TUESDAY	Jerk Chicken, Spinach & Pepper Pilaf Rice, Salad/Slaw (E,MU)	Spiced Aloo Gobi, Pilaf Rice & Flat Bread (G)	
WEDNESDAY	Beef Lasagne, Salad & Garlic Bread (G,E,MK)	Roasted Vegetable Lasagne, Salad & Garlic Bread (G,E,MK)	
THURSDAY	Baked Southern Spiced Chicken Fillet, Roasted New Potatoes, Salad/Slaw (G,MK,E)	Baked Spicy Bean Burger Roasted New Potatoes, Salad/Slaw (G,MK,E)	
FRIDAY	Battered Fish, Chicken Goujons (G,E,MK,MU,F)	Chips, Beans, Salad	

PRICE PER MAIN DISH:

POTS: £2.50 / PLATES: £3.00

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WEEK 2: LUNCH MENU

	MAIN DISHES	MAIN DISHES: VEGETARIAN OPTION	SERVED DAILY
MONDAY	Spaghetti Bolognaise Salad/Slaw & Garlic Bread. (MK,E,G)	Quorn Bolognaise, Salad/Slaw, Garlic Bread (MK,SO,E,G)	JACKET POTATO: (F,E,MK,MU) Pot: £2.50/Plate: £3.00 PASTA KING: (E,MK,G) £2.50 or £2.80 w/cheese DESSERT: Cakes 80p (E,MK,G) Fruit Pots £1.50
TUESDAY	Chicken Fajitas, Rosti Bites. Salad & Salsa (G,MK)	Aubergine, Falafel, Haloumi, Pepper, Fajitas, Rosti Bites, Salad & Salsa (G,MK)	
WEDNESDAY	Thai Chicken Stir-Fry & Buttered Noodles (G,E)	Tofu, Pepper & Bean in a Red Thai Sauce Buttered Noodles (SO,G,E)	
THURSDAY	Tandori Chicken Tikka, Pilau Rice, Salad/Slaw (G,M)	Lentil Dhal, Pilau Rice & Naan (G)	
FRIDAY	Battered Fish, Chicken Goujons (G,E,MK,MU,F)	Chips, Beans, Salad	

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