



PHYSICAL EDUCATION

Long Term Plan for KS3 Curriculum (boys & girls)

Years 7 - 9	Term 1	Term 2	Term 3	
Key Stage 3	<ul style="list-style-type: none"> • Football • Netball • Basketball • Table Tennis • Orienteering • Cross Country • Gymnastics 	<ul style="list-style-type: none"> • Fitness • Handball • Volleyball • Orienteering 	<ul style="list-style-type: none"> • Cricket • Rounders • Athletics • Tennis • Badminton 	<p>All students will study every activity on a carousel basis. There will also be a written assessment at the end of every half term.</p>

Intent

- Pupils to experience a variety of team and individual sports
- Pupils to develop a competitive nature
- Develop a healthy lifestyle
- Develop teamwork skills
- Build confidence
- Initiate/Further a value for sport and exercise ethos
- Begin to develop a knowledge of the theory behind sport in preparation for GCSE
- Talent spot students to represent school teams
- Enable development of an interest in physical activity for lifelong participation
- Increasing level of technical difficulty spiralling from Year 7 – Year 9