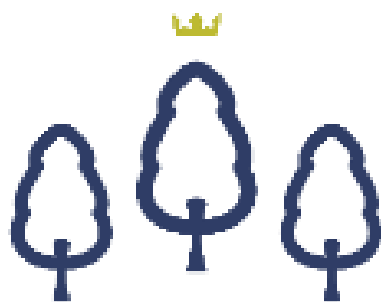


# BTEC Applied Science National Diploma Bridging Booklet 2025



**BEAL SIXTH FORM**

ONE SIXTH FORM - TWO SITES - THREE PATHWAYS

## Contents

Table of Contents.....	<b>Error! Bookmark not defined.</b>
Welcome note .....	2
<b>What do you do in your first year? .....</b>	<b>2</b>
<b>Required Resources.....</b>	<b>2</b>
<b>Summer Bridging Work- ESSENTIAL.....</b>	<b>2</b>
Resources .....	3
Useful information .....	3
SI units.....	3
Prefixes.....	3
Biology section.....	4
Activity 1 .....	5
Activity 2 .....	6
Activity 3 .....	7
Activity 4 .....	8
Activity 5 .....	8
Activity 6 .....	9
Activity 7 .....	9
Activity 8 .....	10
Activity 9 .....	11
Activity 10.....	12
Chemistry section.....	13
Activity 1 .....	13
Activity 2 .....	14
Activity 3 .....	15
Activity 4 .....	16
Activity 8 .....	19
Physics section.....	21
Activity 1 .....	21
Activity 5 .....	24
Research Task.....	29

# BTEC Applied Science Diploma Course



This bridging work **MUST** be completed by the time you start your course and it will be assessed in September. The aims are for you to be ready to start learning at post 16 level.

## **What do you do in your first year?**

This course is a 2 year, BTEC National Applied Science Diploma Level 3 course and is the equivalent to 2 A Levels. You will have to complete 8 units; 3 exam units (38%) and 5 coursework units (62%). The exam units which will be externally assessed and based on A Level Science content, the coursework units are internally assessed subject to external moderation.

### Year 12

- Unit 1: Principles and Applications of Science I (x 3 40 min written exams)
- Unit 2: Practical Scientific Procedures and Techniques (coursework)
- Unit 3: Science Investigation Skills. (3 hr practical exam and 90 min written exam)
- Unit 10: Biological Molecules and Metabolic Pathways (coursework)

### Year 13

- Unit 5: Principles and Applications of Science II (x 3 50 min written exams)
- Unit 4: Laboratory Techniques (coursework)
- Unit 6: Investigative project (dissertation style coursework)
- Unit 8: Physiology of Human Body Systems (coursework)

## **Required Resources**

- A lot of the work will be word processed so you need to have access to a computer or laptop.
- You will need to work independently and carry out a lot of research for which the internet will be very helpful.
- A Level books in all three sciences will help throughout the course.
- Have an email address linked to a cloud-based account to save your work. Before starting the course please set up and familiarise yourself with how to use either a Hotmail - Onedrive or Gmail – Drive.

## **Summer Bridging Work- ESSENTIAL**

If your foundation in Science is strong, it will put you in a very strong position to ensure you get a good grade in the exams as well as the coursework. Getting a good head start into what BTEC Level 3 National Extended Certificate in Applied Science is about will be the key to your success. This bridging work is designed to help you bridge the gap between your GCSE Science studies and BTEC Level 3 Diploma course. It includes a list of topics from GCSE that will be helpful for you to review and practice.

This booklet has 4 sections.

1. Biology – Hand in to your Biology teacher
2. Chemistry – Hand in to your Chemistry teacher
3. Physics – Hand in to your Physics teacher
4. Research task – Hand in posters to the relevant teacher

**All sections need to be completed.**

## Resources

1. There is a list of available resources plus valuable information as well as course specification in the Pearson's website.

<https://qualifications.pearson.com/en/qualifications/btec-nationals/applied-science-2016.html>

2. Royal Society of  
Biology\_

<https://www.rsb.org.uk/>

3. Royal Society of  
Chemistry\_

<https://www.rsc.org/>

4. Institute of Physics (IOP)\_

<http://www.iop.org/tailored/students/>

5. Free Science Lessons (You Tube)\_

<https://www.youtube.com/channel/UCqbOeHaAUXw9II7sBVG3bw>

6. BBC Bitesize\_

<https://www.bbc.com/bitesize/levels/z98jmp3>

## Useful information

## SI units

Physical quantity	Usual quantity symbol	Unit	Abbreviation
mass	$m$	kilogram	kg
length	$l$ or $x$	metre	m
time	$t$	second	s
electric current	$I$	ampere	A
temperature	$T$	kelvin	K
amount of substance	$N$	mole	mol

## Prefixes

Prefix	Symbol	Multiplication factor		
Tera	T	$10^{12}$	1 000 000 000 000	
Giga	G	$10^9$	1 000 000 000	
Mega	M	$10^6$	1 000 000	
kilo	k	$10^3$	1000	
deci	d	$10^{-1}$	0.1	1/10
centi	c	$10^{-2}$	0.01	1/100
milli	m	$10^{-3}$	0.001	1/1000
micro	$\mu$	$10^{-6}$	0.000 001	1/1 000 000
nano	n	$10^{-9}$	0.000 000 001	1/1 000 000 000
pico	p	$10^{-12}$	0.000 000 000 001	1/1 000 000 000 000
femto	f	$10^{-15}$	0.000 000 000 000 001	1/1 000 000 000 000 000

## Greek letters

Greek letters are used often in science. They can be used as symbols for numbers (such as  $\pi$  = 3.14...), as prefixes for units to make them smaller (eg  $\mu\text{m}$  = 0.000 000 001 m) or as symbols for particular quantities (such as  $\lambda$  which is used for wavelength). The Greek alphabet is shown below.

A	$\alpha$	alpha
B	$\beta$	beta
$\Gamma$	$\gamma$	gamma
$\Delta$	$\delta$	delta
E	$\varepsilon$	epsilon
Z	$\zeta$	zeta
H	$\eta$	eta
$\Theta$	$\theta$	theta
I	$\iota$	iota
K	$\kappa$	kappa
$\Lambda$	$\lambda$	lambda
M	$\mu$	mu

N	$\nu$	nu
$\Xi$	$\xi$	ksi
O	$\omicron$	omicron
$\Pi$	$\pi$	pi
P	$\rho$	rho
$\Sigma$	$\varsigma$ or $\sigma$	sigma
T	$\tau$	tau
Y	$\upsilon$	upsilon
$\Phi$	$\phi$	phi
X	$\chi$	chi
$\Psi$	$\psi$	psi
$\Omega$	$\omega$	omega

## BTEC Applied Science Bridging Work Booklet

## Activity 1

Join the boxes to link the word to its definition.

Accurate

A statement suggesting what may happen in the future.

Data

An experiment that gives the same results when a different person carries it out, or a different set of equipment or technique is used.

Precise

A measurement that is close to the true value.

Prediction

An experiment that gives the same results when the same experimenter uses the same method and equipment.

Range

Physical, chemical or biological quantities or characteristics.

Repeatable

A variable that is kept constant during an experiment.

Reproducible

A variable that is measured as the outcome of an experiment.

Resolution

This is the smallest change in the quantity being measured (input) of a measuring instrument that gives a perceptible change in the reading.

Uncertainty

The interval within the true value can be expected to lie.

Variable

The spread of data, showing the maximum and minimum values of the data.

Control variable

Measurements where repeated measurements show very little spread.

Dependent variable

Information, in any form, that has been collected.

## Activity 2

Complete the table.

Structure	Function
Cell-surface membrane	
Chloroplast	
Cell vacuole	
Mitochondria	
Nucleus	
Cell wall	
Chromosomes	
Ribosomes	



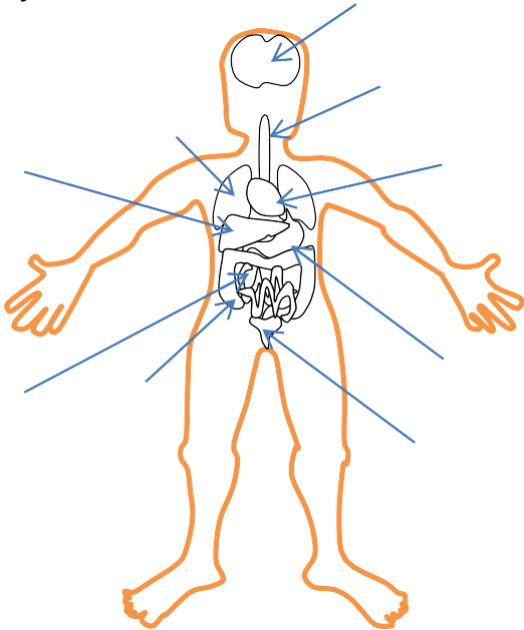
## BTEC Applied Science Bridging Work Booklet

## Activity 3

Draw the structure of a plant cell and an animal cell. On each cell, add labels showing each of the structures in the table, if they exist.

Activity 4

Label the organs in the body.



Activity 5

Complete the table to show which down the organ that carries out each function.

Organ	Function
	takes oxygen into the bloodstream
	breaks down (digests) food
	make sperm cells
	make egg cells
	controls the body's functions
	absorbs nutrients from food
	produce urine
	sense light

## Activity 6

Draw a line to match each organ system with the organs it contains.

<b>Reproductive</b>
<b>Digestive</b>
<b>Circulatory</b>
<b>Excretory</b>
<b>Sensory</b>
<b>Nervous</b>
<b>Respiratory</b>

ears, eyes, nerves
stomach, intestines, pancreas
kidneys, liver, skin
ovaries, uterus, oviduct
heart, arteries, veins
trachea, lungs, diaphragm
brain, spinal cord nerves

## Activity 7

Complete the table.

Structure	Description	Adaptation for function
<b>Rib</b>		
<b>Alveoli</b>		
<b>Bronchus</b>		
<b>Trachea</b>		
<b>Larynx</b>		
<b>Diaphragm</b>		
<b>Bronchiole</b>		

Activity 8

State the three types of blood vessels that make up the circulatory system.

- ?
- ?
- ?

State the name of the space which blood flows in a blood vessel.

.....

.....

Complete the table to compare the relative sizes and structures of the three types of blood vessels. Choose from the options in brackets.

Blood Vessel	Size of lumen (very narrow/narrow/wide)	Thickness of wall (thin/ thick/ very thin)	Do they contain valves? (yes / no)
Arteries			
Veins			
Capillaries			

Compare the function of arteries and veins.

.....

.....

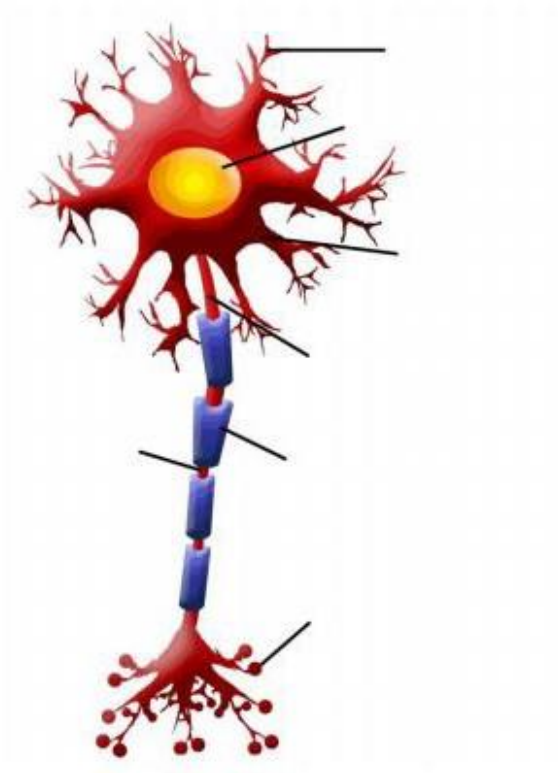
BTEC Applied Science Bridging Work Booklet

Activity 9

There are three different kinds of neurons or nerve cells. Match each kind with its function.

A. Motor neuron      B. Sensory neuron      C. Relay neuron;		
Kind of neuron	Function	
.....	The nerve cell that carries impulses from a sense receptor to the brain or spinal cord.	
.....	The nerve cell that connects sensory and motor neurons	
.....	The nerve cell that transmits impulses from the brain or spinal cord to a muscle or gland	

Identify the parts of the neuron below:



## Activity 10

Summarise the structure and function of the heart.

[illegible]

## Chemistry section

### Activity 1

Use the periodic table to find the following:

1. The atomic number of: osmium, sodium, lead, chlorine.
2. The relative atomic mass of: helium, barium, europium, oxygen.
3. The number of protons in: mercury, iodine, calcium.
4. The symbol for: gold, lead, copper, iron.
5. The name of: Sr, Na, Ag, Hg.

## BTEC Applied Science Bridging Work Booklet

## Activity 2

Relative atomic mass ( $A_r$ )

If there are several isotopes of an element, the relative atomic mass will take into account the proportion of atoms in a sample of each isotope. For example, chlorine gas is made up of 75% of chlorine-35 and 25% of chlorine-37. The relative atomic mass of chlorine is therefore the mean atomic mass of the atoms in a sample, and is calculated by:

$$A_r = (75.0/100 \times 35) + (25.0/100 \times 37) = 26.25 + 9.25 = 35.5$$

1. What is the relative atomic mass of Bromine, if the two isotopes,  $^{79}\text{Br}$  and  $^{81}\text{Br}$ , exist in equal amounts?
2. Neon has three isotopes.  $^{20}\text{Ne}$  accounts for 90.9%,  $^{21}\text{Ne}$  accounts for 0.3% and the last 8.8% of a sample is  $^{22}\text{Ne}$ . What is the relative atomic mass of neon?
3. Magnesium has the following isotope abundances:  $^{24}\text{Mg}$ : 79.0%;  $^{25}\text{Mg}$ : 10.0% and  $^{26}\text{Mg}$ : 11.0%. What is the relative atomic mass of magnesium?

Harder:

4. Boron has two isotopes,  $^{10}\text{B}$  and  $^{11}\text{B}$ . The relative atomic mass of boron is 10.8. What are the percentage abundances of the two isotopes?
5. Copper's isotopes are  $^{63}\text{Cu}$  and  $^{65}\text{Cu}$ . If the relative atomic mass of copper is 63.5, what are the relative abundances of these isotopes?



## Activity 3

Relative formula mass ( $M_r$ )

Carbon dioxide,  $\text{CO}_2$  has 1 carbon atom ( $A_r = 12.0$ ) and two oxygen atoms ( $A_r = 16.0$ ). The relative formula mass is therefore

$$M_r = (12.0 \times 1) + (16.0 \times 2) = 44.0$$

Magnesium hydroxide  $\text{Mg}(\text{OH})_2$  has one magnesium ion ( $A_r = 24.3$ ) and two hydroxide ions, each with one oxygen ( $A_r = 16.0$ ) and one hydrogen ( $A_r = 1.0$ ).

The relative formula mass is therefore:

$$(24.3 \times 1) + (2 \times (16.0 + 1.0)) = 58.3$$

Calculate the relative formula mass of the following compounds:

1. Magnesium oxide  $\text{MgO}$
2. Sodium hydroxide  $\text{NaOH}$
3. Copper sulfate  $\text{CuSO}_4$
4. Ammonium chloride  $\text{NH}_4\text{Cl}$
5. Ammonium sulfate  $(\text{NH}_4)_2\text{SO}_4$

## Activity 4

---

Work out what the formulas for the following ionic compounds should be:

1. Magnesium bromide
2. Barium oxide
3. Zinc chloride
4. Ammonium chloride
5. Ammonium carbonate
6. Aluminium bromide
7. Iron(II) sulfate
8. Iron(III) sulfate

What are the formulas of the following compounds?

1. Methane
2. Ammonia
3. Hydrochloric acid
4. Sulfuric acid
5. Sodium hydroxide
6. Potassium manganate(VII)
7. Hydrogen peroxide

## Activity 6

All metals form a positive ion, all non-metals form negative ions. The magnitude of the charge depends on the group number.

Draw the ionic bonding for each compound.

lithium fluoride	sodium fluoride	potassium fluoride	lithium chloride	sodium chloride
------------------	-----------------	-----------------------	---------------------	--------------------

## Activity 7

Draw a dot and cross diagram to show how the electrons are arranged in the following small molecules.

**A.** Hydrogen gas

**B.** Water

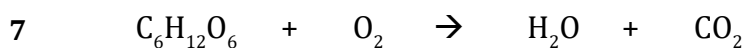
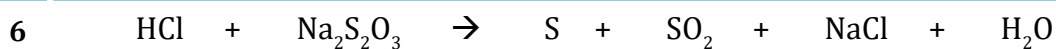
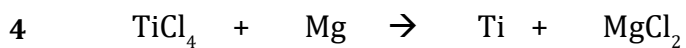
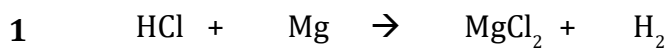
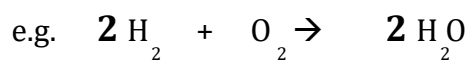
**C.** Carbon dioxide

**D.** Hydrogen chloride

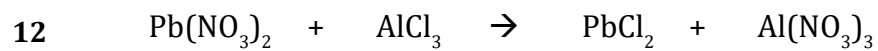
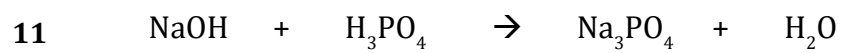
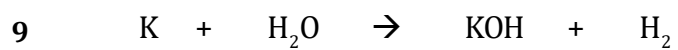
## Activity 8

Balance the equations below by adding numbers in front of the formulae – however, you must not change the formulae themselves!

Be careful as some may already be balanced.



## BTEC Applied Science Bridging Work Booklet



## Physics section

### Activity 1

Which SI unit and prefix would you use for the following quantities?

1. The length of a finger
2. The temperature of boiling water
3. The time between two heart beats
4. The width of an atom
5. The mass of iron in a bowl of cereal
6. The current in a simple circuit using a 1.5 V battery and bulb

### Activity 2

Re-write the following quantities:

1. 1502 metres in kilometres
2. 0.000 45 grams in micrograms
3. 0.000 45 metres in millimetres
4. 1055 kilometres in metres
5. 180 megaseconds in seconds
6. 2500 centimetres in millimetres

## Activity 3

1. Write in standard form
  - (a) 379.4
  - (b) 0.0712
  
2. Write as ordinary numbers (use the data sheet on the last page of this booklet):
  - (a) The speed of light
  - (b) The charge on an electron
  
3. Write one quarter of a million in standard form.
  
4. Write these constants in ascending order (ignoring units):  
permeability of free space; the Avogadro constant; proton rest mass;  
acceleration due to gravity; mass of the Sun.
  
5. Work out the value of the following.  
Give your answer in standard form.  
The mass of an electron/the mass of the Earth (use the data sheet).
  
6. Solve  $(2.4 \times 10^7)x = 1.44 \times 10^9$   
Give your answer in standard form.



## Activity 4

1. How many rockets would be needed to deliver 30 tonnes of material to a space station, if every rocket could hold 7 tonnes?
  
  
  
  
  
  
  
  
  
  
2. A power station has an output of 3.5 MW. The coal used had a potential output of 9.8 MW.  
Work out the efficiency of the power station.  
Give your answer as a percentage to one decimal place.
  
  
  
  
  
  
  
  
  
  
3. A radioactive source produces 17 804 beta particles in 1 hour.  
Calculate the mean number of beta particles produced in 1 minute.  
Give your answer to one significant figure.

## Activity 5

1. The ratio of turns of wire on a transformer is 350 : 7000 (input : output)  
What fraction of the turns are on the input side?
2. A bag of electrical components contains resistors, capacitors and diodes.  
 $\frac{2}{5}$  of the components are resistors.  
The ratio of capacitors to diodes in a bag is 1 : 5. There are 100 components in total.  
How many components are diodes?
3. The number of coins in two piles are in the ratio 5 : 3. The coins in the first pile are all 50p coins. The coins in the second pile are all £1 coins.  
Which pile has the most money?
4. A rectangle measures 3.2 cm by 6.8 cm. It is cut into four equal sized smaller rectangles.  
Work out the area of a small rectangle.
5. Small cubes of edge length 1 cm are put into a box. The box is a cuboid of length 5 cm, width 4 cm and height 2 cm.  
How many cubes are in the box if it is half full?
6. In a circuit there are 600 resistors and 50 capacitors. 1.5% of the resistors are faulty. 2% of the capacitors are faulty.  
How many faulty components are there altogether?
7. How far would you have to drill in order to drill down 2% of the radius of the Earth?
8. Power station A was online 94% of the 7500 days it worked for.  
Power station B was online  $\frac{8}{9}$  of the 9720 days it worked for.  
Which power station was offline for longer?

## Activity 6

1. Rearrange  $y = 2x + 3$  to make  $x$  the subject.

2. Rearrange  $C = 2\pi r$  to make  $r$  the subject.

3. Rearrange  $E = \frac{1}{2}mv^2$  to make  $v$  the subject.

4. Rearrange  $s = ut + \frac{1}{2}at^2$  to make  $u$  the subject.

5. Rearrange  $s = ut + \frac{1}{2}at^2$  to make  $a$  the subject.

6. Rearrange  $\omega = \frac{v}{r}$  to make  $r$  the subject.

7. Rearrange  $T = 2\pi \sqrt{\frac{r}{g}}$  to make  $r$  the subject.

8. Rearrange  $v = \omega \sqrt{A^2 - x^2}$  to make  $x$  the subject.

Note: in science, subscripts are often used to label quantities. So in the following two examples, there are two masses,  $m_1$  and  $m_2$ . The 1 and 2 are part of the quantity and should be kept with the  $m$ .

9. Rearrange  $F = \frac{Gm_1m_2}{r^2}$  to make  $m_2$  the subject.

10. Rearrange  $F = \frac{Gm_1m_2}{r^2}$  to make  $r$  the subject.

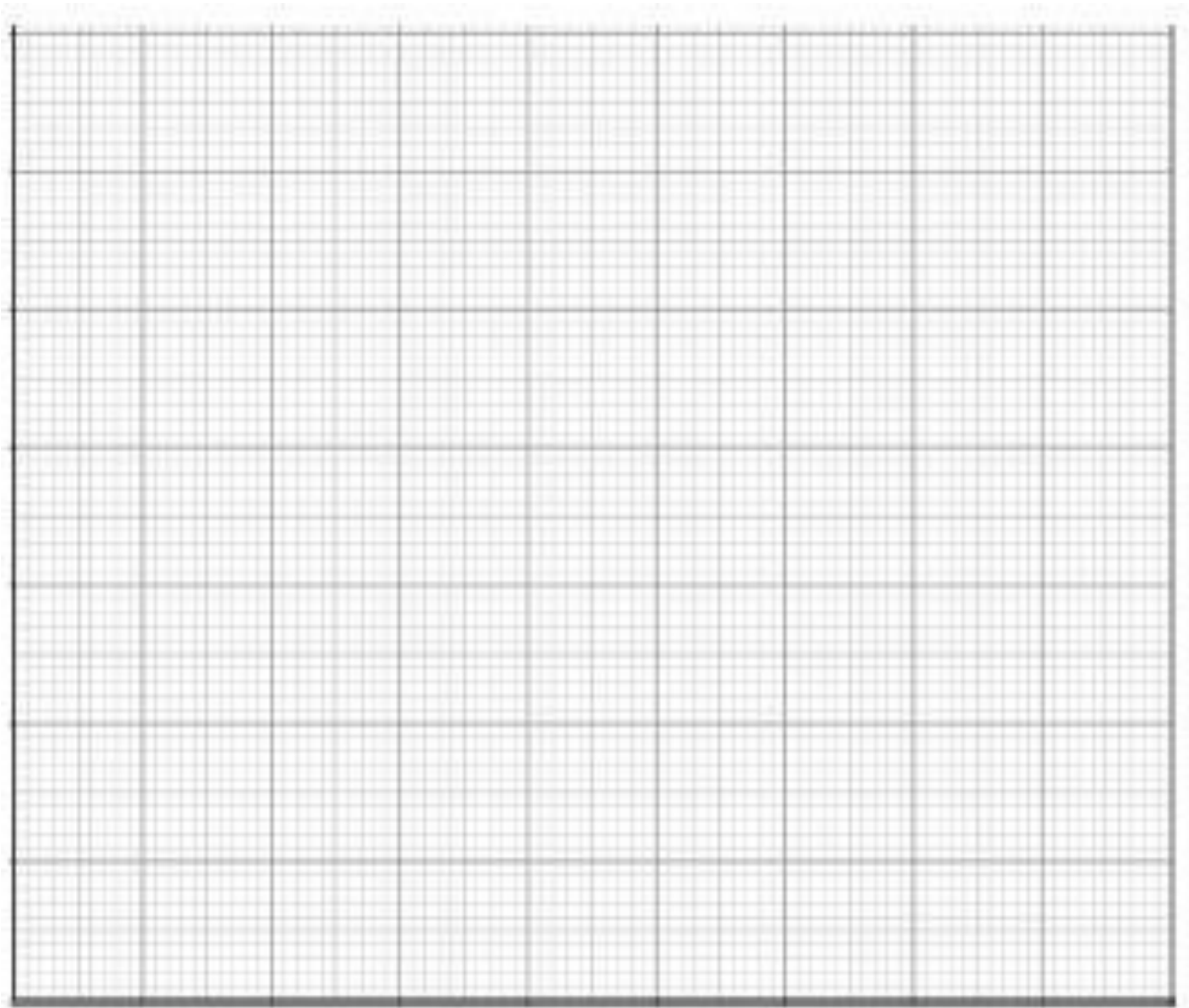
Activity 7

Light bulb technology has improved considerably over the last 20 years. Many objects like traffic lights now use LEDs.

- A** The table shows the input power of three types of lightbulb at different light intensities. Draw a suitable graph to display the data.





Light intensity in lumens	Power of incandescent light lamp in W	Power of CFL (energy saving) light lamp in W	Power of LED light in W
450	40	10	7.5
800	60	15	10.0
1400	75	20	14.0
1800	100	25	18.0
2800	150	45	16.0

You can use your own graph paper or the space below –



## Activity 8

Complete the table.

Component	Symbol	Function
		Lights up when current flows through it
		
open switch		
diode		
		Measures potential difference across a component in volts
cell		
		
thermistor		
led		
closed switch		
		
		
ammeter		
		A component which can have its resistance changed to vary the amount of current flowing through a circuit.

## Activity 9

To reinforce what you have learned about series circuit.

- 1 A cell, a resistor, a lamp and an ammeter are connected in series, as in Figure 1.

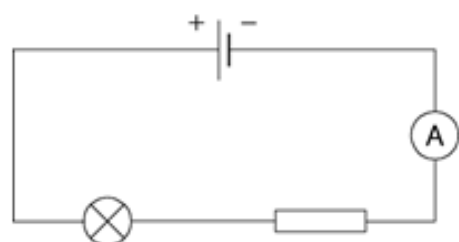


Figure 1

- a) Complete the following sentences using words from the list below.

**greater than      less than      the same as**

- i) The current through the battery is ..... the current through the ammeter.
- ii) The potential difference across the battery is ..... the potential difference across the resistor.
- iii) The current through the lamp is ..... the current through the resistor.
- iv) The potential difference across the lamp is ..... the potential difference across the battery.

## Research Task

All students need to create a scientific poster on each of the following topics.

1. Cardiovascular diseases – Hand to Bio teacher
2. The Periodic Table – Hand to Chem teacher
3. Electromagnetic waves and their uses – Hand to Physics teacher

All posters should be ready for display at the first lesson along with your completed booklets.

Please visit the following websites to help you with your

poster. <https://guides.nyu.edu/posters>

[https://www.youtube.com/watch?v=AwMFhyH7\\_5g](https://www.youtube.com/watch?v=AwMFhyH7_5g)

# Have a lovely summer!

## BTEC Applied Science Bridging Work Booklet

## Data Sheet

Quantity	Symbol	Value	Units
speed of light in vacuo	$c$	$3.00 \times 10^8$	$\text{m s}^{-1}$
permeability of free space	$\mu_0$	$4\pi \times 10^{-7}$	$\text{H m}^{-1}$
permittivity of free space	$\epsilon_0$	$8.85 \times 10^{-12}$	$\text{F m}^{-1}$
magnitude of the charge of electron	$e$	$1.60 \times 10^{-19}$	C
the Planck constant	$h$	$6.63 \times 10^{-34}$	J s
gravitational constant	$G$	$6.67 \times 10^{-11}$	$\text{N m}^2 \text{kg}^{-2}$
the Avogadro constant	$N_A$	$6.02 \times 10^{23}$	$\text{mol}^{-1}$
electron rest mass	$m_e$	$9.11 \times 10^{-31}$	kg
proton rest mass	$m_p$	$1.67(3) \times 10^{-27}$	kg
neutron rest mass	$m_n$	$1.67(5) \times 10^{-27}$	kg
gravitational field strength	$g$	9.81	$\text{N kg}^{-1}$
acceleration due to gravity	$g$	9.81	$\text{m s}^{-2}$
atomic mass unit	u	$1.661 \times 10^{-27}$	kg
mass of the Sun		$1.99 \times 10^{30}$	kg
mean radius of the Sun		$6.96 \times 10^8$	m
mass of the Earth		$5.98 \times 10^{24}$	kg
mean radius of the Earth		$6.37 \times 10^6$	m